



KOLEJ UNIVERSITI ISLAM MALAYSIA  
جامعة العلوم الإسلامية ماليزيا  
ISLAMIC UNIVERSITY COLLEGE OF MALAYSIA

# FPSK Bulletin

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THE FPSK CONTINGENT POSING BEFORE THE MARCH PASS FOR THE 6<sup>TH</sup> IPTA MEDICAL FACULTIES SPORTS TOURNAMENT AT UPM, 19 - 21 MAY 2006

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Atchung!!! All staff and students in FPSK, KUIM.

A big event will embark FPSK soon!!! Act now! Don't miss out...

Date : 27<sup>th</sup> August 2006 Venue : Istana Hotel, KL Time : 8.00 pm - 11.00 pm

## Dean's Foreword



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### Assalamualaikum....

After slightly over a year the Faculty exists, almost all the facilities needed to run the medical program have been acquired and installed at the City Campus of KUIM. Although the Faculty is in a rented building at Menara B , Pandan Indah, the study environment is very conducive and comfortable. From a population of 58 people occupying 5 floors of a big building, our number now has reached 135 (75 students + 60 staff). The place is not lonely or quiet anymore but bustling with activities.

The new academic session of 2006/2007 started on the 1<sup>st</sup> July with the registration of the new Year 1 students at the main campus in Nilai. There were 48 of them from the Tamhidi program. The number included 3 students from the Tamhidi Science program who excelled in the examinations and thus offered to do medicine. However after the Minggu Ta'aruf (Orientation Week) 2 students decided they could not undertake the medical course. So they were helped to join other programs. I hope the 46 students in Year 1 will be well motivated and be able to follow the course successfully, Insya Allah.

Recently the Faculty welcomed 3 experienced Professors from Egypt to help the teaching activities. A few more will come next year. However, the Faculty continues to enjoy the co-operation and contribution from academic staff of the neighboring universities who wish to help the students too. I greatly appreciate their contribution. May Allah always bless all of you . At the same time the intake of new staff continues. A number of them are now pursuing further studies locally and also abroad. Any application for the academic posts will be considered appropriately.

I will be officially retired very soon on the 28<sup>th</sup> August 2006. Alhamdulillah, the University has extended my term of office for another 2 years. So I will continue to work to ensure that the Faculty of Medicine and Health Sciences of KUIM will become not just another faculty of medicine but the faculty of medicine for our boys and girls. It is my hope too to see many more Muslim friends to come forward and join me to achieve this goal.

Thank you.

*Professor Dr Nik Mohd. Nasri Ismail*

## Notes from the editor

### Hello to all,

Welcome back to the 2<sup>nd</sup> years and a fresh welcome to the 1<sup>st</sup> years. "Still waters run deep" thus in relation to FPSK, one would be surprised to see the activities carried out here. Despite the quiet atmosphere at the faculty, the occupants are always busy with action. This has resulted the bulletin to be filled with

reports but what better way it is to inform all of them.

There are some changes made to the layout of the bulletin, as it will change from time to time, parallel with the changes in the faculty.

**Happy reading!**

*Ms. Que.*



The IPTA sports inter medical faculty tournament was conducted to foster close relationships among the medical staff (both academician and administrative) in order to produce well-rounded medical practitioners in our country. In addition, it does promote a healthy life style through physical and mental preparation by involvement in these activities.

**IPTA SPORTS  
INTER MEDICAL  
FACULTY  
TOURNAMENT  
19<sup>TH</sup>-21<sup>ST</sup> MAY  
2006**

**By - Mr. Faizul Helmi  
Addnan**

For the first time, the Faculty of Medicine and Health Sciences from Kolej Universiti Islam Malaysia (KUIM) participated in this tournament held at UPM on 19<sup>th</sup>-21<sup>st</sup> May 2006. Almost all medical school staff from KUIM ranging from lecturers to the supportive department members gave their commitment to form our very first contingent. Dr. Hairulhisyam Ngatiman was elected as the Chief de Mission of the KUIM Medical contingent.

In this year, only one medical faculty from USM did not enter to the tournament. The rest of the teams were from UPM, UKM, UM, UIA, UiTM and UMS. All in all, there were seven medical faculties including the KUIM contingent.

The IPTA Sports Inter Medical Faculty Tournament 2006 was officiated on the peaceful morning of 19<sup>th</sup> May 2006 by Professor Dr. Azhar Bin Md. Zain, Dean of Faculty of Medicine and Health Sciences, UPM just after a march pass performed by all contingents.

As an active start to freshen all teams with regards to initiating the tournament, an aerobic session was also conducted after the officiating ceremony.



For this year, eleven events were offered for competition among the contingents. The events were golf, volley ball (male), volley ball (female), tennis, table tennis, bowling, squash, badminton, soccer, net ball, and chess.

The KUIM contingent did not get to participate in all events because of the insufficient number of participants. In addition many of the events held also overlapped each other which added to the constraint.



Despite the difficulties, the KUIM contingent won 1<sup>st</sup> runner up place in the march pass category, and it was also the 3<sup>rd</sup> runner up in the 10 pins bowling event. Congratulations to FPSK KUIM!!!. Hopefully the achievements, will be more for the next tournament and all thanks to all who have supported the contingent.

**"Sports Excellence for the Healthy Nation"**



## OFFICIAL OPENING FPSK GYMNASIUM

By - Mr. Sanizan Sardzi



Another history marked in FPSK KUIM with the official opening of the FPSK Gymnasium on 27<sup>th</sup> April 2006. The ceremony was completed by the Rector of KUIM whom was represented by his deputy Prof. Dato' Dr. Asin Bin Dollah. An aerobics session by the FPSK staffs led by Mr. Azrul Aswad was the gimmick of the ceremony.



Dato' Deputy Rector accompanied by the Dean and audiences were later briefed by Mr. Nur Ekmal Bukhary, a KUIM Sports Officer on the right way to use the equipments. The gymnasium which is located at the 10<sup>th</sup> floor was equipped with several machines for exercise and adequate space for aerobic sessions.



Posters and booklets on "Sihat Sepanjang Hayat" published by Ministry of Health were also distributed to the audience as tokens of appreciation of their presence to support the Healthy Life Style Campaign in FPSK.

## WORKSHOP ON PREPARATION OF FPSK CURRICULUM HANDBOOK

By - Ms. Marina Yusop.

By conducting a two day workshop from 12-13 May 2006, FPSK managed to produce an updated draft of the Bc. of Med. and Bc. of Surgery (MBBS). The workshop is conducted annually aimed to update the information on programs offered in FPSK.



The workshop which was held in Pan Pacific Hotel, KLIA Sepang was successfully conducted with the help of experts and academicians from several institutions namely UKM, UIAM, as well as UM.

A very special appreciation and thanks to all who had contributed their ideas, thoughts, expertise and especially their prime time to the workshop which was conducted on the public holiday of Wesak Day. May Allah bless and best rewards to all for their kindness and help.



**M**eriah dan puas hati! Itulah antara ungkapan yang diutarakan oleh mereka yang menyertai dan menayakan Hari Keluarga FPSK 2006 yang diadakan di Rimba Impian Resort, Hulu Pangsun melalui soal selidik yang diadakan.

Seramai 96 orang dewasa dan 28 kanak-kanak telah menyertai program ini yang diadakan pada 27 Mei 2006 bagi meraikan kakitangan yang bertugas FPSK KUIM bersama ahli keluarga mereka.

Pelbagai aktiviti telah diadakan bagi mengisi waktu emas bersama keluarga dengan bersantai hampir seharian di kawasan dusun yang mempunyai sungai yang mengalirkan air yang jernih dan menyegarkan.

**O**n the 12<sup>th</sup> of June 2006, a Behavioural Science workshop was organized by AP Dr. Jamilah Jamaluddin for the lecturers, trainee lecturers and tutors of FPSK. The workshop was conducted by lecturers from UKM, Prof. Wan Zurinah and AP Dr. Yasmin as well as AP Dr. Jamilah.



Antara acara permainan yang menarik perhatian adalah pertandingan melilit mumia yang dimenangi oleh ahli keluarga Puan Rosnani dan acara "music chair" menyaksikan perebutan hebat antara suami puan Robiah dan anak lelaki dekan. Permainan tersebut akhirnya dimenangi oleh suami Puan Robiah.

Dekan adalah antara mereka yang tidak melepaskan peluang untuk berendam dan mandi di sungai yang merentangi kawasan dusun berkenaan. Setiap kakitangan yang hadir tidak pulang dengan tangan kosong dengan hadiah cabutan bertuah yang disediakan.

Penulis selaku penyelaras program mengucapkan setinggi-tinggi penghargaan kepada semua yang hadir dan turut menayakan program Hari Keluarga FPSK 2006.

The aim of the workshop was to train the lecturers, trainee lecturers and tutors of FPSK to carry out Small Group Discussions (SGDs) as facilitators for the Behavioural Science course. Behavioural Science is a core subject for the first year medical students at FPSK. All 11 SGD topics of the Behavioural Science module were successfully carried out in an 8.00 a.m. to 5.00 p.m. session in two groups running simultaneously.

## HARI KELUARGA FPSK 2006

By - Mr. Sanizan Sardzi



## BEHAVIOURAL SCIENCE WORKSHOP

By - Ms. Siva Gowri Pathmanathan



## 2006 BATCH STUDENT REGISTRATION AND TA'ARUF SESSION

By - Ms. Nazefah Abd  
Hamid



The faculty has welcomed its second batch of the medical students on the 3<sup>rd</sup> July, 2006. There were 46 of them, 18 boys and 28 girls, all looking fresh and excited as they joined the orientation week. The orientation week was aimed at helping the students to acclimatize themselves to the new surroundings and also to the world of medicine.

On the 5th July, the fac-



ulty's orientation week started by the briefing from the Dean and they were introduced to the staff of the faculty. The following day, they were taken for visits to Medical Faculty of UKM and also to HUKM.

In UKM KL, they were taken for a short tour to the Multipurpose Lab, Anatomy Dissection Hall as well as the Anatomy Museum. Then, in HUKM, they visited several wards and were briefed by the nurses on the responsibilities and duties of a doctor especially during their housemanship. They also have the chance to go by the bedside of the patients and get to know their conditions.



The orientation week would not be complete without a motivational talk. They listened to an inspiring talk from Prof. Dr. Raymond Azman Ali from HUKM. He enlightened us with his stories during his time as a medical student. With all the programmes that have been arranged, it is hoped that this will be an eye opener for them before joining the medical course. To the new students, we welcome you to the Faculty of Medicine and Health Sciences, KUIM.

**T**erima Kasih Malaysia!!! Adalah antara laungan yang bergema di Kampus KUIM, Nilai di mana para hadirin bersama-sama menyanyikan lagu "Jalur Gemilang" dan "Keragaman Malaysia" sebagai penutup Majlis Pelancaran Sambutan Bulan Kemerdekaan Peringkat KUIM.

Kontingen FPSK turut mejayakan majlis yang diadakan pada 17 Ogos 2006 (Khamis) dengan menghantar seramai 17 orang kakitangan bagi menyertai acara perarakan kontingen. Majlis Pelancaran berkenaan disempurnakan oleh Y. Bhg. Prof. Dato' Dr. Abdul Shukor Hj. Husin. Antara aktiviti yang diadakan adalah bacaan Rukun Negara yang diketuai oleh En. Marwan Tahir, deklamasi sajak yang bertajuk "Nikmat Merdeka Sebuah Negara" oleh En. Mohd Salehuddin Sukor.

Kontingen FPSK turut memenangi sebuah hamper yang dihadiahkan kepada 5 kontingen bagi kategori kontingen terbaik.

## PERBARISAN SEMPENA SAMBUTAN BULAN KEMERDEKAAN PERINGKAT UNIVERSITI KUIM

Oleh - Mr. Sanizan Sardzi



## MUTIARA KATA

"Manusia lebih mementingkan apa yang dilihat daripada apa yang didengarinya. Oleh yang demikian adalah lebih baik untuk mengajar dengan tunjuk ajar dari menasihati."

**T**he staff of FPSK got together for lunch on the 22<sup>nd</sup> of June 2006 at the FPSK's main meeting room to bid farewell to four of our trainee lecturers, Dr Asral Wirda, Dr Nur Syahrina, Dr Mohd Hairulhisyam and Dr Marlina who would be on study leave to pursue their Masters degree.

Dr Wirda dan Dr Syahrina would be pursuing their Masters in Clinical Pathology at the *Universiti Kebangsaan Malaysia*, upon having successfully passed the entrance exam; Dr Hisyam would be pursuing a Masters degree in Anatomy by research in *Universiti Malaya*, while Dr Marlina would be flying off to the University of Otago, New Zealand for a Masters in Physiology.

In their speech, the trainee lecturers requested the staff of FPSK to pray for their successful return to the faculty upon accomplishment of their studies. As urged by the dean, they promised to uphold the reputation of the **faculty** and university.

## STUDY LEAVE - FAREWELL FOR TRAINEE LECTURERS

By - Ms. Siva Gowri  
Pathmanathan



## VISIT TO SEMARAK ENRICHMENT PRE-SCHOOL

By - Jamil Aiman  
(2nd Year Student)

**O**n the 3<sup>rd</sup> of July 2006, a group of five students and one academician went to visit Semarak Enrichment Pre-School (SES). SES is a special school dedicated towards children who either have autism, cerebral palsy or Down syndrome. Slow learners who can't keep up with the normal teaching in daily schools also come here.

The school turned out to be a one storey bungalow with a big lawn. Upon our arrival, we were greeted by the headmistress, Puan Hajjah Arbaiyah, a woman in her mid forties with a pleasant smile always on her face. The group was then cordially invited to gather in her office for a briefing on the school and what it does.



After a 30 minute session with her, we were then brought around the grounds to see the facilities provided for these special children; amongst them being, an Occupational Therapy room, a Speech Therapy room, a library and an outdoor gymnasium.

After the mini tour, we were allowed to interact with the children. And that certainly turned out to be an enlightening experience. Unlike the common misconception that special children are sad and lonely, these children were all sunshine and laughter. Not only that, they were also smart, sociable and not shy in asking questions. We observed them have their afternoon tea and after that, silat practice. They were enthusiastic just like other normal kids and could follow the instructions without much problem.

From our observation, we came up with the conclusion that these special children are actually unique individuals that don't really need sympathy. Rather, they need respect and guidance on how to face the challenges in life. Exactly what every kid needs, normal or special.

## WELFARE VISIT TO TAMAN SERI PUTERI

By - Nur Dina Azman  
(2nd Year Student)



**T**he visit was scheduled between 3.00 pm to 5.30 pm on 3<sup>rd</sup> of July in continuation for our Behavioral Science Course, but the preparations had been going about two weeks before. Strengthened by leadership from Ikhwan, team spirit from all teammates, financial supports from the faculty and individuals, and accompanied by Pn Nazefah; we managed to handle the visit successfully.

It seems our decision to pick Taman Seri Puteri, a specialized center for girls' protection was an excellent choice. The surrounding was serene and fresh. Not mentioning the 27 occupants and staff who are friendly and welcoming. Interaction became easy and fun, especially during the activity session where we acted as facilitators.

Continued next page ...

**O**n the 4<sup>th</sup> of July, a visit to Malaysian Care was organized in conjunction with the Behavioural Science Course. 14 students and two lecturers participated in the visit. Generally, our main objective was to be able to incorporate the knowledge and experiences obtained during the visit into our career in the future.

Malaysian Care is located in Bandar Tasik Selatan and was established in 1979 by a non-profit Christian organization. It provides services and care for people with special needs like those who have learning difficulties and also people who suffer emotional or mental problems, regardless of their background.

After a half an hour of briefing, we had the opportunity to communicate and mingle around with the occupants, whom are referred to as "Clients" by the caretakers. We got the chance to see them pack straws and do self-evaluation. We spent about an hour with them; talking and asking questions. They were so warm and friendly that it can be felt in their surroundings. Then, we visited its Toy Library and Parents Resources Centre. Basically, this particular centre is where their members can "hang out", socialize and do activities like reading and watching informative videos. In addition, parents are also encouraged to come and visit as the centre provides a lot of information on children with learning difficulties and various facilities to be used.

The visit ended with a simple closing ceremony in which Mr. Lee Chee Loi, Malaysian Care's executive director was invited to give a speech and finally receive a token of appreciation from our university for the centre.

## VISIT TO MALAYSIAN CARE

By - Sharifah Norazira  
(2nd Year Student)



**BEHAVIOURAL  
SCIENCE VISIT  
REPORTS BY  
SECOND YEAR  
STUDENTS**



... Continued from previous page

Among eight objectives that have been listed, we agreed that we managed to obtain at least seven of them. All in all, we are satisfied with the progress before and during the visit. What is left, is the work progress after the visit, which is a challenging task for Zaheer, Najmi and myself. We hope our work will be appreciated and serve as a guideline for the next group to organize similar types of visits later.

## ALLERGY

By - Dr. Anuar Sani



*Wheal and flare of allergy*

Only too frequent we encounter people, if not ourselves, itching here and there not long after enjoying seafood with the usual 'air asam belacan'. Worse still, in some more unfortunate souls, swelling could be a feature. In another scenario, a single bee sting will likely lead to a mere painful swelling at the site of the bite, and yet to another, it may cause such a widespread swelling to the extent of compromising his airway and result circulatory collapse [anaphylactic shock]. Why is there such a difference in responses? The explanation for such a varied response can be better understood by studying how our immune system behaves 'overzealously' towards the offending stimulus in a process known as ALLERGY.

The word allergy was coined from the Greek word 'allos ergos' which means altered reactivity. It is a subset of hypersensitivity, essentially means **excessive /exaggerated and inappropriate response by the host towards an allergen**. Individuals who have the tendency to show hypersensitivity usually have positive family history of atopy. Atopy, meaning 'strange disease' is defined as a familial hypersensitivity against diverse environmental substances [allergens] in the presence of increased IgE production.

It has been estimated that the overall worldwide prevalence of allergic diseases is as high as 20% of population. Common allergic conditions seen worldwide are asthma, hay fever [allergic rhinoconjunctivitis] and eczema. Food allergy is also not uncommon and anaphylactic shock from peanut ingestion is one example of allergy that can be fatal.



*skin prick test in diagnosis of allergy*

Upon exposure to allergen, for example inhaled pollen, the protein component of it will cross link the IgE [antibody E] molecules already present on mast cells surface. The cross linking of IgEs leads to the release of inflammatory mediators such as histamine, tryptase and chymase resulting in the usual inflammatory reactions of swelling, heat, redness and pain. The amount of IgEs on mast cells and in circulation specific to that allergen usually increases with subsequent exposure and hence the degree of allergic reaction. Why some are affected more than the rest is largely genetically determined.

Allergy can be of many types. Food, drugs, chemicals, metals and all sort of things can cause allergy to susceptible individuals. One way to determine things that you are allergic to is via skin prick test whereby samples of products in question are placed on the skin and a light prick is made to the skin area directly beneath the products tested. Appearance of wheal and flare of more than certain size is considered positive. More expensive test is via determination of specific IgE to the products (e.g specific IgE to peanut / penicillin)

So if you are asthmatic, avoid marrying another asthmatic or else your kids will be 50% more likely to have asthma as well. What else can we do? Nothing much, really. Avoidance is the best form of protection. If you know that you are allergic to something, then by all means avoid it. If you cannot resist the temptation, for example the prawn looks too delicious to give it a miss, then do have some anti-histamine [piriton/ clarityn/polaramine to name a few] available at hand. If anti-histamine cannot dampen down the allergic reaction, you may need some steroid.



*contact dermatitis; allergy to leather strap*

...Continued on page 11



## THE CHANCELLOR VISIT TO KUIP

By - Dr. Siti Hanum



The Thursday, 1<sup>st</sup> of June witnessed a very memorable day for KUIP when The Chancellor herself came for a visit to the main campus in Nilai. FPSK had, as usual, played its part in making the visit a successful event by getting involved in the exhibition. We had set up a booth the day before as The Minister of Higher Education also visited the campus that evening.

**"Mr Skeleton"** with its fishing cap, who's hanging proudly in front of the booth welcomed everyone. Then, followed by the bones from different parts of human body, some medical dummies as well as posters about the faculty and the medical course. As always, blood pressure and glucose check are offered, but a lot of visitors rather took the opportunity to find out their blood grouping, as this is the first time FPSK offered such test. The exhibition had attracted a lot of interest in the main campus and it was a successful and eventful day for all FPSK staff.

### MUTIARA KATA

"Sikap yang paling unggul dalam diri seseorang adalah keberaniannya untuk menerima kegagalan tanpa sebarang prasangka"

...Continued from page 10

Yes. Steroid medication can help you. Topical steroid cream is sufficient for minor rash resulting from contact allergy but if the lesion is widespread, oral or injectable steroid may be needed. If the allergic reaction is severe and accompanied by airway/circulatory compromise, then adrenaline injection must be sought promptly.

As far as prevention is concerned, avoidance is the best thing to do. Other current approaches are; via desensitization technique whereby exposure to allergen is given gradually, taking medications like mast cell stabilizer (e.g. chromoglycate) or leukotriene receptor antagonist (e.g. montelukast), or still-at-lab stage anti-IgE. People with severe allergic reaction should wear a tag to inform others of their condition, should emergencies occur. Allergy might not have the cure as yet but education and preventive measures will definitely reduce morbidity and mortality from allergy.

## GUNUNG NUANG CONQUERED

By - Dr. Mohd Hairulhisyam



**R**ecently, on 22<sup>nd</sup> April, seven 1<sup>st</sup> year medical students climbed Gunung Nuang. Gunung Nuang is located in Hulu Langat, Selangor.

Nuang is known for its arduous trek with sections as steep as 70 to 80 degrees. **A word of advice: Don't take Nuang lightly!** Never call Gunung Nuang a walk in the park. Despite it being only 1493m tall, Selangor's highest peak can give even seasoned climbers a run for their energy.

The start is an easy four-kilometer walk along a broad 4X4 track to Lolo waterfalls from the Forestry Department complex. Then the hour-long walk started to heat up the muscles of our calves with continuous and fairly steep track to Pacat Camp, the midpoint campsite. We set up camp there.

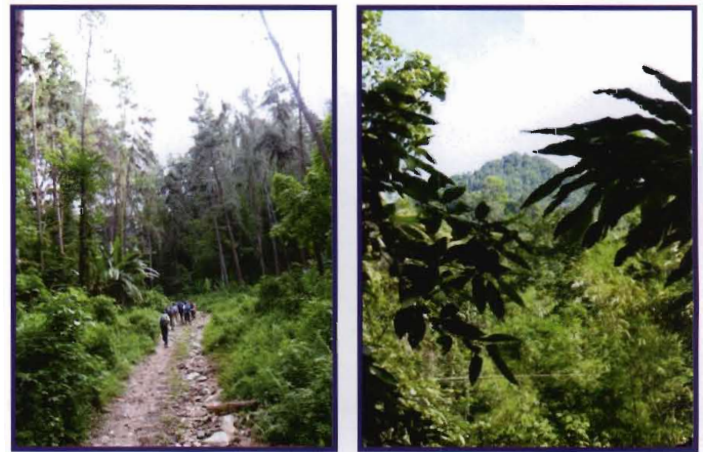


The final assault on Nuang is toughest segment which goes up a steep slope that burnt the muscles even more. From there, the track ploughs through mossy forest on a ridge, the Pengasih point that runs from the summit of Nuang down to another track in Janda baik, Pahang and Jelebu, Negeri Sembilan. The leg to the summit is a gradual downhill trek to an isolated peak at the end of the ridge. This short stretch down was a

pleasant walk in meandering moss-covered tree trunks and roots.

About seven hours later, we reached Nuang's peak. The view here was worth the pain we endured while trekking up! The Kuala Lumpur sky was very clear from there, the Hulu Langat Dam and the bright lights of Genting Highland just across a vast space was also in good view. We waited there until sundown.

The return journey was again another adventure as one had to balance between the steep path and the criss-crossing of tree roots and trunks.



Making things worse we did this after dark. It is said that if one can still walk after this eight-hour "ordeal", then one is ready to take the Peninsular's highest peak, Gunung Tahan. Even so after the trip you will look forward to get the "**when is the next visit**" type of sentiments because you are already hooked with the mountains.



## فهم القرآن بالشكل الصحيح

أستاذ: محمد بن حاج إبراهيم

# القرآن

كلام الله الحكيم، لا يأتيه الباطل من بين يديه ولا من خلفه. وهو صراط مستقيم لأمة محمد عليه الصلاة والسلام إلى يوم الدين. فمن أحد وجوه إعجازه أنه خالد في أحكامه الشرعية. يتمشى في كل زمان ومكان. فهو لم يتغير ولن يتغير، قال الله تعالى: **(إنا نحن نزلنا الذكر وإنا له لحافظون)**. كما أن أغراضه لم تستنفد. فالقرآن لا يزال الكتاب الإلهي الذي هبط لإنقاذ البشرية، قائم بدور كبير في البناء الحضاري على مدار العصور والأزمان. بيد أن المسلمين يتغيرون من زمن إلى زمن، حتى في طريقة تعاملهم مع القرآن، وكيفية تلقيهم لمفاهيمه ورواه، قد تغيرت، خاصة ما نراه الآن في عصرنا الراهن، فقد تغيرت بشكل جذري عما كانت عليه بالأمس. فالمسلمون الأولون كانوا يفهمون القرآن فهماً عميقاً، اتخذوه كتاباً للحياة، ومنهجاً للتطبيق والتنفيذ. أما اليوم فهو الضاد في حد ذاته. وحقيقة الأمر أن هذه المعاناة، التي تواجهها أمتنا في تعاملها مع القرآن، كانت منذ أمد بعيد، ولا زالت رواسيها

موجودة حتى الآن. فنجد أن المسلمين أخذوا يحصرون الاستفادة من القرآن في مجالات محدودة. فمنهم من اتخذ القرآن طريقاً للكسب وباباً للأرزاق، والبعض الآخر اعتبره وسيلة للعلاج لا يبحث عنه ولا يلجأ إليه إلا في الأسقام والأمراض. وهناك مجموعة لا تفتح القرآن إلا عند الإستخارة وحين البأس واليأس، أو عندما يموت أحد الأقارب، وليس أكثر من هذا. ولك أن ترى هذه المشاهد اليومية حية متداولة بين المسلمين في مجتمعنا. إنني هنا لا أنتقد الاستفادة من القرآن في هذه المجالات، وإنما أنتقد تحديد الاستفادة منه في هذه الإطارات وعدم المبالاة فيما دون ذلك، وبمعنى آخر وأدق، السؤال عنه في الضيق والحرَج وتركه في معظم الأوقات. فهل هذا هو حاله الذي ينبغي على المسلمين فعله؟.. بيد أن القرآن الكريم كتاب حياة يقول الله تعالى: **(يا أيها الذين آمنوا استجبوا لله وللرسول إذا دعاكم لما يحييكم)** لهذا يجب الإنتفاع من القرآن في كل مجالات الحياة وفي كل الأوقات السراء منها والضراء.

وفي القول عن قراءته وتلاوته، فنجد معظم الناس يقرأونه دون أن يفهموا معناه القيم، ولا يحاولون أن يفهموه. ولكنك تجدهم عند الكتب والقصص البشرية يكتون جهدهم بالقواميس والسؤال ليفهموها. بينما كان المسلمون الأولون لا يقرأون آية حتى يتفكروا في أبعادها المختلفة ويعوها بشكل كامل. فالواجب على من يقرأ القرآن أن يستثير عقله ويفقه ما وراءه من أبعاد كامنة. فهناك كتب كثيرة ومتداولة بين الأيدي في تفسير القرآن.

والخطير في الأمر أنك تجد - أيضاً - ممن يفهم القرآن بشكل يكرس مصالحه الفردية ويبرر أهواءه وشهواته. وهناك من يقتصر على جانب معين من قيم القرآن وإهمال سائر الجوانب التي تتطلب من الإنسان. فنجده يفهم القرآن في جانبه الذي يتحدث عن العبادة، لأن العبادة لا تكلفه كثيراً، ولكنه لا يفهم القرآن في جوانبه السلوكية والعملية والتضحية، بل تجده يتغاضى ويبعد النظر بقدر الإمكان عن فهم هذه الجوانب لأن ذلك يكلفه مصالحه وأثانيته. وهناك من يفهم القرآن فهماً ميتاً - والعياذ بالله - وذلك بفصل القرآن عن الواقع الذي يعيشه، ويربطه بقضايا ميتة فيزيقية أو قصص تاريخية لا تؤثر في واقعه القائم شيئاً.

هذا هو جيلنا الحاضر، الذي يتعامل مع القرآن ويفهمه هدفاً بذاته وليس للعمل به. فيجب علينا أن نعي هذه المشكلات، ونعمل إلى حلها بشتى الطرق. وجامعة العلوم الإسلامية الماليزية دائماً تسهر ليلها وتكد في نهارها ساعية وراء توليد جيل مسلم متحضر، عارف بالمبادئ والقيم الإسلامية، متفهم بالقرآن والسنة، وعامل بهما في جميع المجالات. وعليه فإن الطاقة الأكاديمية الكامنة للجامعة الموقرة ستعمل دوماً في غرس (المطلوب فهم القرآن الكريم بالشكل الصحيح) لطلابها بصفة خاصة وللمجتمع بصفة عامة.

# FREE AND EASY

## RENUNGAN

" Tuhanmu telah mewahyukan (mengilhamkan) kepada lebah : "Buatlah rumah di atas bukit dan di atas pohon kayu dan pada apa-apa yang mereka jadikan atap. Kemudian makanlah bermacam-macam buah-buahan, dan lalulah jalan Tuhanmu dengan mudah." Keluar dari dalam perutnya minuman (madu) yang berlainan warnanya, untuk menyembuhkan (penyakit) manusia. Sesungguhnya pada demikian itu menjadi tanda (atas kekuasaan Allah) bagi kaum yang memikirkannya. "

(Al-Nahl - 68-69)





“ O Children of Adam! Wear your beautiful apparel at every time and place of prayer: eat and drink: but waste not by excess, for God loves not the wasters. ”

(Al- A'raaf - 31)

# \*G\*R\*E\*E\*T\*I\*N\*G\*S\*

## WELCOME TO THE NEW STAFF OF FPSK

STAFF	NOTE
<b>En. Amira Samsu</b> Attendant	New appointment from 1 <sup>st</sup> June 2006
<b>Cik Siti Fairuz Azlin Musa</b> Administrative Assistance	New appointment from 1 <sup>st</sup> June 2006
<b>Mohd Yusri Mohd Yusof</b> General Assistant	New appointment from 8 <sup>th</sup> June 2006
<b>Cik Noor Asma Ahmad</b> Laboratory Assistant	New appointment from 14 <sup>th</sup> June 2006
<b>Cik Noor Syahrizan Abd Shukor</b> Customer Service Officer	New appointment from 27 <sup>th</sup> June 2006
<b>En. Jalaludin Abd Samad</b> Assistant Accountant	Transferred from main campus from 2 <sup>nd</sup> July 2006
<b>Mohammad Ishtiaq Abdul Shukor</b> Health Attendant	New appointment from 4 <sup>th</sup> July 2006
<b>Prof. Dr. Ezz Eldin Helmy Helaiei</b> Professor	New appointment from 10 <sup>th</sup> July 2006
<b>Prof. Dr. Iman Mohammed El Shabrawy Aly</b> Professor	New appointment from 14 <sup>th</sup> July 2006
<b>Cik Nur Liyana Mohd Taib</b> Assistant Registrar (Academic)	New appointment from 18 <sup>th</sup> July 2006
<b>Cik Nuruliza Roslan</b> Tutor	New appointment from 21 <sup>st</sup> July 2006
<b>Dr. Mohammad Borhan Uddin Ahmad</b> Consultant	New appointment from 1 <sup>st</sup> August 2006
<b>Dr. Naatasya Abdullah</b> Trainee Lecturer	New appointment from 1 <sup>st</sup> August 2006
<b>Pn. Noranee Abd Aziz</b> Medical Laboratory Technologist	New appointment from 1 <sup>st</sup> August 2006
<b>Pn. Norhadidah Hamid</b> Medical Laboratory Technologist	New appointment from 1 <sup>st</sup> August 2006
<b>Dr. Hilawati Yusof</b> Trainee Lecturer	New appointment from 17 <sup>th</sup> August 2006

### QUOTE FOR THE THOUGHT

"A friend is someone you can be alone with, and have nothing to do and not be able to think of anything to say and be comfortable in the silence."

### NOTE

The Editorial Board wishes to thank those who have contributed their time and creativity to produce articles in this bulletin. Everyone is welcomed to send any articles, suggestions to the Editorial Board for upcoming issue of FPSK Bulletin at :

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Sanizan@admin.kuim.edu.my